MOVING BEYOND SIMPLE COACHING MODELS

Making the transition to internal coach can be daunting. Simple models suddenly don’t seem to suffice anymore and the budding internal coach often find themselves needing more support and understanding than an introductory coach trainings might have offered.

In our innovative and participative programme we show new coaches how they can deepen and broaden their skills through conscious practice. We introduce a range of models and tools that helps the new coach remain resourceful and creative—even in the face of the most challenging client.

For the novice internal coach.

“I highly recommend this programme to others that want to take the plunge in developing true coaching skills.”

Untangle and Grow
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The programme

The programme blends practice sessions with a mixture of theoretical input, discussion and debate. Working confidentially in small groups, novice coaches bring ‘cases’ from their practice and receive co-coaching from their peers as well as expert input from the tutors.

About Alison

Alison Maxwell is a highly experienced and qualified coach, coach trainer and coach supervisor, with deep experience of working with novice coaches. She has worked in a wide variety of sectors and has extensive international experience.

She holds post-graduate qualification in coaching supervision as well as an MA in Coaching and Mentoring, (both with distinction). She is an accredited member of the Association for Coaching.

Clients include leaders from Alliance Boots, GKN, AEC, Rolls Royce, G4S, Pricewaterhouse Coopers, Pentland Group, Holland & Barrett, and Electrocomponents Plc.

- ‘Contracting’ the coaching relationship
- Understanding and negotiating boundaries in coaching
- Revealing the hidden dynamics in the coaching relationship
- Maintaining creativity and resourcefulness in coaching practice
- Nurturing the reflective practitioner
- Facing into ethical difficulties and concerns
- Understanding the impact of the organizational context

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